

**ASHBURNHAM COA**  
**32 Main Street**  
**Ashburnham, MA 01430**

**Open: 9AM – 2PM Monday thru Thursday (closed Friday)**



## **NEWSLETTER**

### **COMMUNITY SERVICES & INFORMATION**

SHINE Health insurance counselor available. Call senior center to make appt or discuss over the phone with Shine counselor.

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Community *Legal Aid* of Central MA – Free 855-252-5342 or [www.communitylegal.org](http://www.communitylegal.org)

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Food Stamp Program (SNAP) - 978-665-8700

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Fuel Assistance – 978-342-4520 (NEFWC); 978-342-9407 (Salvation army); 877-563-4645 (Joe for Oil).

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MEALS ON WHEELS is offered Monday, Wednesday & Thursday. Call 978-345-8501 Ext #2 to register.

### **FREE MEDICAL EQUIPMENT LOANS**

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CALL OR VISIT THE COA FOR AVAILABILITY. Depends, canes, commode, walkers, etc...

### **DONATIONS to the COA**

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The Senior Center has a VERY tight budget. So, any financial

support will go a long way!

### **How to Donate:**

We are often asked how folks can donate to the COA. Interested parties can make a check out to the Town of Ashburnham and include a note that indicates that you would like your donation to go to the COA donation Account. Your donation can be dropped off at our offices located in the Town Hall or mailed to:

32 Main Street, Ashburnham, MA 01430 Attn: COA Donation Account

Your donation is considered tax deductible.

### **HOW TO DONATE A GIFT IN YOUR WILL**

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“I give and bequeath to the Town of Ashburnham-COA Donation Account in Ashburnham, Massachusetts the sum of \$\_\_\_\_\_ or \_\_\_\_\_% of the rest, residue and remainder of my estate to be used for the benefit of the seniors of Ashburnham, Massachusetts”

### **FOREVER YOUNG CLUB**

The Ashburnham Forever Young Club is seeking officers. There are currently two open vacancies.

### **SHRINER’S HOSPITAL**

We have a wonderful volunteer who drives to Shriner’s hospital to drop off can tabs as a donation to the children of Shriners. Don’t throw those can tabs away. We will give to volunteer veteran Dan on a monthly basis.



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Thank you to Growing places and Heywood food for families for their hard work and diligence delivering food to those in need. June 30th will be the last day to receive fresh veggies.

## Bad accident

Sam had a bad car accident involving a large truck.

Months later, in court, the trucking company's high priced lawyer was questioning Sam .

"Didn't you say, at the scene of the accident, 'I'm fine,'?" asked the lawyer.

Sam responded, "Vell, I'll tell you vat happened. I just put my dog Moishele, into the..."

"I didn't ask for any details," the lawyer interrupted. Just answer the question. "Did you not say, at the scene of the accident, 'I'm fine'?"

Sam said, "Vell, I just got Moishele into the car and vas driving down..."

The lawyer interrupted again and said, "Judge, I am trying to establish the fact that, at the scene of the accident, this man told the Highway Patrolman on the scene that he was just fine. Now several months after the accident he is trying to sue my client. I believe he is a fraud. Please, your honor, tell this man to simply answer the question."

The judge said, "I'd like to hear what he has to say about his dog Moishele."

Sam thanked the judge and proceeded. "Vell, like I vas saying, I just loaded Moishele, my lovely dog, into the car and vas driving him down the highway when this huge semi-truck and trailer ran the stop sign and smacked my truck right in the side. I vas thrown into one ditch and Moishele vas thrown into the other. I vas hurting, real bad and didn't want to move. But then I heard Moishele moaning and groaning. I knew he vas in terrible shape just by his groans.

"Den a Highway Patrolman came along. He could hear Moishele moaning and groaning so he vent over to him. After he looked at him, and saw vat terrible condition Moishele was in, he took out his gun and shoots him between the eyes. Den the Patrolman comes across the road, gun still in hand, looks at me and says, 'How you feeling?'

"Nu, Judge, vat vould you say?"



## BARBARA'S STORY

One night Barbara was sitting on her chair eating some Pringles. She dropped a chip on the floor and before she knew it the chip was moving. She thought to herself, "Am I seeing things?" Looked down again and the chip was still wavering on the floor moving. Thankfully, she was not seeing things, but the chip was being carried off by an ant!

## TRANSPORTATION

Vans are doing regular runs to medical appointments and shopping to Gardner and other local towns. Please call ahead to schedule a pickup.

Medical trips to hospital and medical centers in Worcester can also be arranged. Thursdays are special shopping trips to Athol: Market Basket, Hobby Lobby. Bring a friend and have some fun. Assistance with loading and unloading packages will be available.

>> July 1, 10 seniors will be allowed on the van with face coverings required. <<

If you are sick with anything, please stay home and get your rest!

### Special social outings have resumed!

Seniors can call the senior center when a trip is posted in the senior center, in the newsletter and on the website. Or seniors can call each month to see where the outing will be. We are now allowing 10 people on the van, and everyone signed up will get a chance to go. If you want to go in a group, we can try to arrange that. When the waiting list has been exhausted, we will take ideas for new trips and start the process over. Call 978-827-5000 between the hours of 9AM-1:30PM to schedule a trip.

## FUTURE OUTINGS

The ACT (Ashburnham Conservation Trust) Board would like to invite Ashburnham seniors to enjoy a mid-morning brunch at our Broadhurst property located on Lake Watatic. The COA van will be available to transport seniors to the Broadhurst property, to learn about and enjoy this lakefront property. The date of this lovely event may be in August, so please call the COA if interested in signing up. If you would like to donate something for this event, such as a salad, dessert, etc., please let us know.

## SIGN UP

Lifecare Centers of America is sponsoring it's yearly **BBQ** for Ashburnham and Westminster at the Westminster COA on Friday, July 9th at 12 noon. Please call either COA to sign up.

Farmers Market Coupons will be in shortly. Please call the Ashburnham COA to sign up, first come first serve.

## **FOREVER YOUNG CLUB UPDATE**

**We are trying to revive the Forever Young Club to the active, vibrant, club it once was.**

**To start, we first need two people to join the present state of officers. After that, change can begin. The FYC has been around for many years. It deserves to grow and assist the COA, entertain our seniors and create new friendships for years to come. If**

**you are interested in becoming an officer of the Forever Young Club please call**

**978-827-5000 and we will direct you to the proper elected officer.**

**Next Forever Young Club meeting will be held either Monday July 5th or the 12th at 11**

**AM. TO BE DETERMINED.**